Aimeé E. Short, LPC
9855 E. Larkspur Dr.
Scottsdale, AZ 85260
Licensed Professional Counselor | AZ LPC-11162
(480) 329-5636
Aimeé@IamDrShort.com

Telehealth Consent Addendum

Complete this addendum before receiving psychological services by telephone, video, or another remote method. It supplements the consent and office policies above. Scheduling or billing messages alone do not constitute a telehealth treatment session.

Technology and communication arrangements

Secure platform or technology: Doxy.me. Aimee's waiting room: https://doxy.me/aimeeshort

Aimee Short's telehealth contact (480) 329-5636 Backup phone (480) 329-5359 (Dan)

Client contact _____ Backup contact _____

For sessions without video, identity will be verified by name and scheduling details.

Aimee will confirm your physical location at each session. Services can be provided only when legally authorized in the location where you are physically present. Tell Aimee before traveling outside of Arizona.

Privacy and limitations

Telehealth may improve access and convenience, but it may limit observation of nonverbal behavior, assessment, or the response to an emergency. Technology continues to change. In-person treatment or referral may be recommended when remote care does not adequately meet your needs.

Electronic communication carries risks, including interception, unauthorized access, and technical failure despite reasonable safeguards. Use a private location, a secure connection, and a device others cannot readily access. Identify anyone present or able to hear the session. Neither party may record a session without separate prior permission.

Clinical electronic communications will use the secure system identified above. Access credentials will be restricted, recipient information checked, and messages accessed privately. Messages will be retained in the clinical record or approved secure system. No system can guarantee privacy.

Disruptions

If the connection fails, stop using the disrupted connection and use the backup telephone numbers above to re-establish contact. If reliable and private contact cannot be restored, the session will be rescheduled or another clinically appropriate arrangement made. In-person care or another agreed secure method may be used if technology, privacy, clinical needs, or safety makes the usual method unsuitable.

Additional Disclosures and Counselor Review

Technology and artificial intelligence disclosure

Beginning January 1, 2027, Arizona requires disclosure of the extent of artificial intelligence or similar technology used in clinical services, recording, or documentation. Complete the actual practice disclosure before use and update consent if it changes.

☑ No such technology used

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Child clients only: Development and school information

Developmental, learning, medical, or school concerns _____

School supports or IEP or 504 plan _____

Important family changes, losses, trauma, or other context _____

Responsible adult during remote sessions and contact _____

Agreed availability _____

_____ _____

Client/Parent or legally authorized signature 1 Date

_____ _____

If minor: Parent or legally authorized signature 2 Date